

## Gilead Women's Retreat Registration

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Home Church: \_\_\_\_\_

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### COSTS:

Main Event: \$50 \_\_\_\_\_

PreRetreat \* May 13: \_\_\_\_\_

\$20 \_\_\_\_\_

Total Enclosed: \_\_\_\_\_

(Other costs may include: optional craft, snacks & Gilead wear at Pop's Inn or Camp Grounds Coffee)

### Mail registration and payment to:

#### Camp Gilead \* Women's Retreat

30919 NE Carnation Farm Road

Carnation WA 98014-5501

For map & directions:

425.333.4311 \*\*\* [www.campgilead.org](http://www.campgilead.org)

Questions? Email: [saramoyer@campgilead.org](mailto:saramoyer@campgilead.org)

or [kimberly@campgilead.org](mailto:kimberly@campgilead.org)

## The PreRetreat \* Thursday

3:00 \* Arrive!

6:00 \* Dinner

### Friday:

9:00 \* Breakfast

12:30 \* Lunch

3:00 \* Scrappers / Crafters Clean up

## The Main Event \* Friday

4:00 \* Registration Begins

5:30 \* Workshop Session #1

7:00 \* Dinner

8:00 \* Chapel

Late Night Fun!

### Saturday

8:00 \* Breakfast

8:45 - 9:45 \* Workshop Session #2

10:00 \* Chapel

Free Time

12:00 \* Lunch

1:00 - 2:00 \* Workshop Session #3

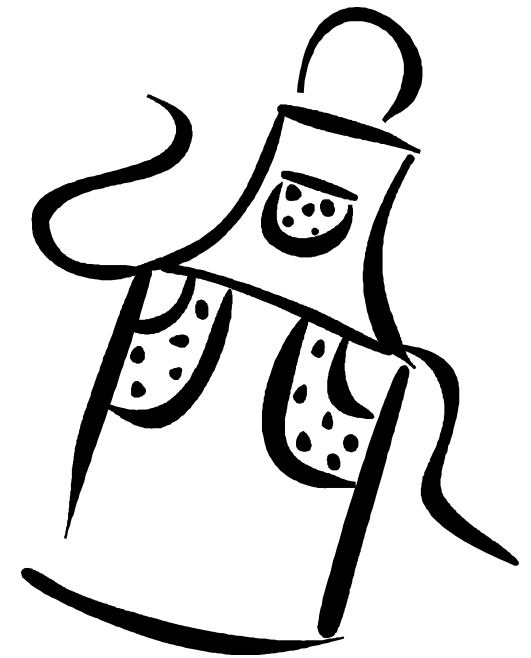
2:15 \* Chapel

3:30 \* Dessert Buffet &

Apron Fashion Show

4:00 \* Head for Home!

# Camp Gilead 2010 Women's Retreat May 14 - 15



## *The Wisdom Behind The Apron*

*With speakers: Hannah DeRoo Clark*

*Helen Zimmer & Nancy Ruhlman*



[www.campgilead.org](http://www.campgilead.org)

## Retreat Workshop Descriptions

### Just Say No

**Lorrie Flem, Teach Magazine, Renton**

Too many activities or things rob us of true joy and block our vision of what is truly important. The Lord desires our heart's focus be eternal and not on earthly treasures. Too many commitments, even good ones, are bad. Here are the how-to's to help us see our calendars and commitments through God's eyes. Learn to prioritize and experience freedom as you eliminate time wasters by saying, "yes" to the best and "no" to the rest.

### Our Journey to Debt Freedom

**Genesis Wheeler, Calvary Chapel, Lake Stevens**

A few years ago I woke up in a panic when I remembered our credit card bill was due and we did not have enough money to pay it. We sold our bedroom set in order to pay the bill but I was left wondering what we would do when the next bill came. We made too much money to be so broke! Through a series of events God spoke to us about getting rid of our debt once and for all. Learn the tools we used to go from being \$27,000 in debt and unable to pay our minimum credit card payment to being completely debt free (minus our mortgage) in less than two years.

### Contentment: Just What God Wants for You

**Nancy Suko, Discovery Baptist Church, Gig Harbor**

Does life seem to always be going contrary to what you would like? Does real contentment in your daily life appear to be only a dream? Let's talk about how God wants it to be a reality for you. "Now godliness with contentment is great gain." 1Tim. 6:6

### Children and Chores

**Gail Martin, Grace Bible Church, Marysville**

The purpose of having children participate with the family in doing chores is far more than just getting jobs done around the house. Chores provide you the opportunity to equip your child with the practical skills they are going to need to successfully function in a complex world. In this workshop we will discuss the why and the how to encourage your children in this process.

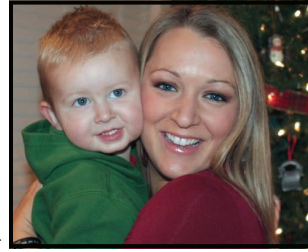
### Musings on Marriage

**Jill Mailloux, First Baptist Church, Richland**

Marriage – it's hard work! But definitely worth it. Our marriage...21 years strong ... has had its valleys and mountains, high points and low points. We haven't always played our roles perfectly, but realize that our guidebook has to be God's Word. We'll talk about ways to strengthen your marriage, what to do when you are the stronger personality in your relationship, things to avoid in marriage and Scripture that will help you as you learn to be the best wife you can be!

*Other free time activities will include "mini workshops" on Garage Saling, Perfect Pie Crusts 101, Green Cleaning Tips and a fun craft opportunity!*

**Change & Transition** - it's an inevitable part of life. Some changes are expected and others are unexpected. Regardless of age or status - we all must face what life places before us. How we handle these transitions reveals our character and with whom our strengths lies. Come learn from these godly women who will share with us their wisdom and experience and challenge us as we look ahead to what God has planned for each of us to mold us into the women He wants us to be.



**Hannah DeRoo Clark**  
Gig Harbor WA



**Helen Zimmer**  
Marysville WA



**Nancy Ruhlman**  
Mount Vernon WA



**NEED A  
DAY...JUST  
FOR YOU?**

**EARLY BIRD  
OPTION**

**ARRIVE ON THURSDAY AT 3:00 PM  
AND SPEND THE NEXT 24 HOURS ...  
ANY WAY YOU WISH!**

*"...the extra day was just what I  
needed to relax and unwind!"*

*"...I loved having a day to myself  
without any schedule!"*

### What to Bring to Gilead

*Sleeping Bag & Pillow*

*Bible, Notebook, Pen/Pencil*

*Towel & Toiletries*

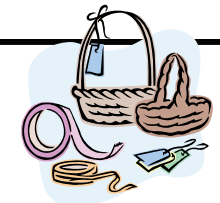
*A special or favorite apron*

*Crafting or scrapbooking supplies (Pre Retreat only)*

*Your nursing baby*

*A friend!*

### **GIFT BASKET GIVE- AWAYS!**



One of the fun parts of the week-end is the gift basket giveaways!

This year we are asking each person, church or group coming to bring a themed gift basket to give away! The more baskets...the more chances you have to win one!